## Zzzzzz

Written by Gayle Nobel Monday, 08 October 2012 20:10 - Last Updated Tuesday, 09 October 2012 03:11

Blog-a-thon Day #8

Good thing it's October 8, and that date is right below this page on my little I Calandar Icon, because I am so fuzzy headed, I wouldn't know how many days I've been blogging with my own brain power. Last night, Kyle had trouble settling down to go to sleep. Therefore, my sleep was interrupted several times. Finally, I hit him over the head with a baseball bat. That took care of it :-) (kidding, kidding!)

After that, I could not fall back to sleep. Typically, I am a good sleeper and don't have many issues during the night. I am not experienced at functioning with little sleep as many parents of kiddos with autism might be. This is just an occasional issue for Kyle. That said, lack of sleep hits me hard.

I have no inspiration or stories to share today. That part of my brain has shut down. Nothing left to give. I imagine some of you can relate to this. You've been here, done that? Yup, thought so.

Looking forward to a good night's sleep and regaining full mental capacity tomorrow.

Quotacious:

"What would happen if the autism gene was eliminated from the gene pool? You would have a bunch of people standing around in a cave, chatting and socializing and not getting anything done."

~~Temple Grandin, The Way I See It: A Personal Look at Autism & Asperger's

"But the Beast was a good person...the Prince looked on the outside the way the Beast was on the inside. Sometimes people couldn't see the inside of the person unless they like the outside of a person. Because they hadn't learned to hear the music yet."

~~Karen Kingsbury

