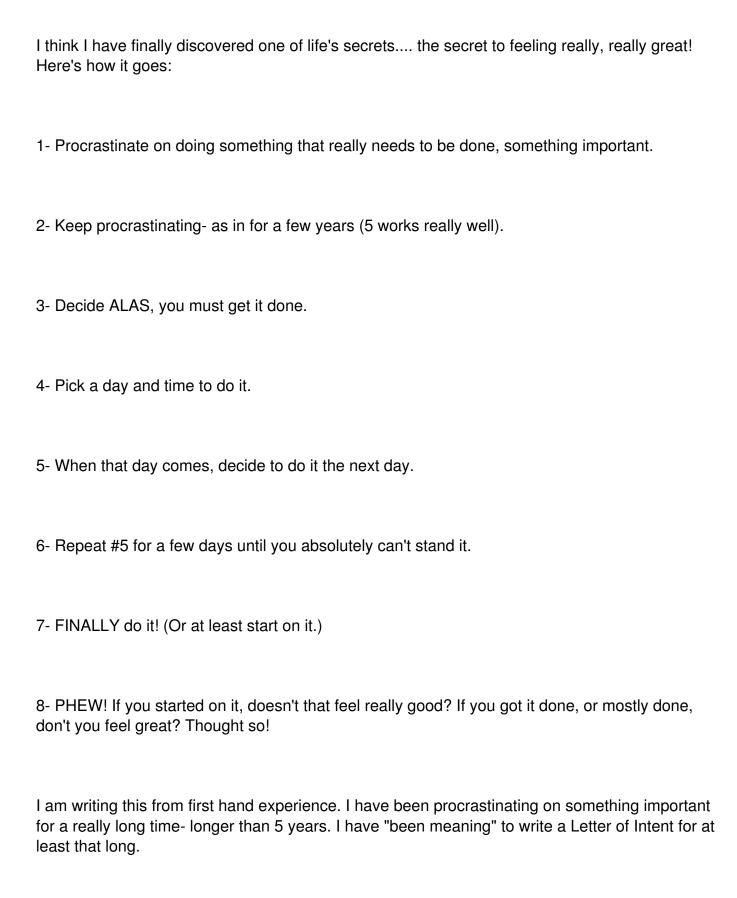
Life Secret #40

Written by Gayle Nobel Friday, 03 August 2012 20:17 -



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The Letter of Intent is a a letter stating my wishes for Kyle after my husband and I are gone, as in no longer on this earth in human form. What are my Heart's Desires? I wrote about this in Breathe. What is my vision for him? If something were to happen to both of us tomorrow, what happens to Kyle? These are tough issues to face. There are a lot of questions with no clear answers. Just best guesses, based on what I know now. It's very hard when you have a child who will always need tremendous support in every area and hands on care. How do you plan for them fully?

Though it has rolled around in my mind for years and I have even jotted down notes, I have never actually written the letter. Until this morning.

On August 10, next Friday, my husband and I are going to Switzerland and France for a vacation. Kyle is staying home with Tammy. A letter of intent should be tucked away. Just in case.

Alas, I can now report that it is written and it is amongst our important documents. Dang, it feels good! I mean really, really, REALLY good!

And, it was not as hard to write as I imagined it would be. Though I may not have had the most ideal or clearest answers, I did my best based on what and who I know today. And because I put it off for so long, the surge of relief is enormous. I suppose that's a benefit of procrastination. And doing something I imagined to be difficult.

PHEW! Glad to have that one checked off my list... at least until I am ready to revise it. :-)

And you?

PS

I have begun a travel blog.... It's All About ALTITUDE! My husband will be joining me on the

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blogging trail. He's a funny man and will be a nice balance to serious me. Check it out. If you want to follow along, you can subscribe.