

## Piano Moments

Written by Gayle Nobel

Monday, 23 August 2010 13:04 - Last Updated Monday, 23 August 2010 13:38

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### Blog-a-thon Day 28

Just 4 more days for this blog-a-thon and I will have met my goal to blog every day for a month. This was my own personal goal when I started blogging 28 days ago. I would love to be able to continue, but I am starting a new marketing campaign for "Breathe" and want to spend a little more time with that.

I will still be blogging after that, just not every day. I will probably re-establish the monthly Living with Attitude E-letter with a much shorter format than before.

Today I am going to be sharing a short video clip of me and Kyle at the piano. Maybe some of you have been curious about Kyle. So now you get a chance to see him in action.

Click [here](#) to view. Read below for my commentary.

I try to spend time with Kyle at the piano as often as I can. It's something we both enjoy. It is also a great way to sneak in some "therapy" for Kyle.

There are so many things going on here with both of us. For those of you who have known Kyle for a long time, you can see he has come quite a long way from the old days.

My main intention here is to share an enjoyable experience with Kyle. That in itself, is therapy because experience sharing does not come easily for him. I also want to give him a competent role in this interaction. As you can see, Kyle's body and focus can be an obstacle to his participation. He is still able to participate but he works pretty hard to do it. You will also notice I don't talk a lot. Sometimes words get in the way. Also, if I was playing a duet with a friend, the natural tendency would be not to talk but to focus on the music and the connection between us. I want Kyle to listen for the pauses in the music and natural cues from me to know when it's time for him to come in. I don't tell him when to go, I allow him to use his "thinking" muscles to figure that out. Sometimes, he needs a little physical support to participate. I attempt

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to give as little as possible but just enough when I think he needs it.

When it comes to singing, sometimes Kyle just can't help himself. As for me, it's better that I don't sing. :-) My daughter Leah did not inherit her talent from me.

This session went on for about forty minutes. (Don't worry, the clip is under two :-) ). For Kyle to spend that long paying attention and participating in an activity is quite an accomplishment.

Any comments? I always love to hear from my readers.