

Fail Better

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Blog-a-thon- Day 5

Ahhh, it's the weekend and I'm keeping it simple.

I have recently discovered the blog ["Zenhabits"](http://zenhabits.net/elements-of-change/) (<http://zenhabits.net/elements-of-change/>) and find it very inspiring.

Here's a quote for you to munch on this weekend....

"One last note, to anyone making changes: you will fail. I don't say that to discourage you, but to release you from the fear of failure ... because if you already know it will happen, then there's no pressure to avoid it. Failure is an inevitable part of change, and in fact it should be celebrated — without failure, we'd learn nothing. Fail, fail often, and learn. Then you'll be better equipped for the next attempt. **Find joy in every attempt, in every victory, in every failure, and the change will be a reward in itself.**"

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Leo Babauta, Zenhabits

"Try again. Fail again. Fail better." ~**Samuel Beckett**